



up for a feast of fun?



## Itinerary

### 3 day Food & Wine Itinerary

Brisbane is a food lover's paradise. Why not grab your girlfriends, your sunnies and your appetite and follow in the footsteps of Jessica Montague from the Last Weekend in Brisbane blog

#### Day 1

##### Time

##### Details

8 am

Fly with Virgin Blue to the Brisbane Domestic Airport.

9.30 am

#### Jan Power's Farmer Markets

There's no better introduction to the gourmet goodies Brisbane has to offer than at Jan Power's nationally renowned Farmers Markets. Once a month the sleepy seaside hamlet of Manly hosts a bustling open-air market selling farm fresh produce, flowers, breads, meat, fish and more. Wander around the seventy stalls taste-testing everything on offer (bananas, cherries, apricots and lychees are particular delicious this season).. Then indulge in a wafer thin crepe and a kick-starter coffee under the clear Brisbane skies.

Manly Esplanade, Manly (between Cambridge & Cardigan Parades)

Noon

#### Lunch at Sirromet Winery

First up there's the Winery Tour & Tasting where you can channel your inner Sommelier and get a lesson in Grapes 101. Then it's time to sit back and enjoy some live jazz music while you tuck into a cheese and antipasto platter with a bottle of Love Sparkling Rose to share at the Cellar Door.

850-938 Mount Cotton Road (07) 3206 2999 [www.sirromet.com](http://www.sirromet.com)

3 pm

Check into the Emporium Hotel in Brisbane's stylish Emporium precinct. There's a reason why the Emporium was named one of the world's best hotels in the 12th Annual International Conde Nast Traveller's hot list. In a world of cookie-cutter five-star hotels, the Emporium is the embodiment of style, charm, eccentricities and elegance. From the stunning cocktail bar and authentic French Bistro to the Exquisite Sleep 8-Pillow Menu and the GHD Stylers on-hand for those hair-straightening emergencies, the Emporium is the ultimate in luxury accommodation.

1000 Ann Street, Fortitude Valley (07) 3252 6999  
[www.emporiumhotel.com.au](http://www.emporiumhotel.com.au)

## itinerary

### Day 1 cont.

#### Time

#### Details

6 pm

#### Drinks & Tapas at Ortiga

Spanish chef Pablo Tordesillas is the master of traditional Spanish cuisine and an hour or two at Ortiga will have you believing you're in his homeland. Order a Manzana Espanola (Spanish Apple) – one of Ortiga's signature cocktails and a platter of chorizo, spiced almonds, olives and Jamon Serrano Reserva while you swap secrets, tell tales and watch the sun go down as Brunswick Street comes to life.

446 Brunswick Street, Fortitude Valley [www.ortiga.com.au](http://www.ortiga.com.au)

6 pm

#### Dinner at Jellyfish Restaurant

Boasting a swag of restaurant awards, the menu at Jellyfish is as sumptuous as the river views. Order a plate of Gold Coast tiger prawns with avocado, crab remoulade and lemon. Or indulge with eight freshly shucked oysters, featuring a shallot vinaigrette. From over-baked Wild River Barramundi to duck breast with sweet potato, cherries, orange and pistachio – this is the night to order whatever takes your fancy while you contemplate whether you'll see the other side of midnight.

Boardwalk Level, Riverside Centre, 123 Eagles Street  
[www.jellyfishrestaurant.com.au](http://www.jellyfishrestaurant.com.au)

### Day 2

9.30 am

#### Breakfast at Sassafras

This old weatherboard cottage is a little like visiting the house of your favourite –but eccentric – aunt, thanks to the eclectic mix of wooden and retro furniture (and the odd 1950s Mixmaster). Sleepyheads love Sassafras for their 'served til 2pm' breakfast. And you've got to love a place that dishes up cake all day long. Take a seat in the leafy backyard, order a freshly squeezed juice and come up with three good reasons why you shouldn't have a slice of Lemon Yoghurt cake before 10am ...

88 Latrobe Terrace, Paddington [www.sassafrasfoods.com.au](http://www.sassafrasfoods.com.au)

## itinerary

### Day 2 cont.

#### Time

#### Details

1.30 pm

#### **Experience the Enomatic wine preservation system at 5th Element.**

This clever wine preservation system allows 5th Element to offer Australia's largest selection of wine by the glass (close to 70, but who's counting?). Get up close and personal with special wines from around the world. Happy day.

Tribune Street, Southbank [www.5thelement.com.au](http://www.5thelement.com.au)

4.30 pm

#### **Drinks by the Brisbane River at Watt at the Brisbane Powerhouse,**

This old power station on the river has been converted into what is arguably Brisbane's hottest venue. Comedy festivals, live bands, plays and art exhibits all unfold inside the graffiti-heavy walls complimented by lively bars and restaurants. Watt is considered by many to be Brisbane's quintessential alfresco waterfront restaurant. Sip on a Peach Bellini and people watch.

119 Lamington Street, New Farm [www.aihgroup.com.au/watt](http://www.aihgroup.com.au/watt)

6.30 pm

#### **Dinner at Bar Alto at the Brisbane Powerhouse**

Wander over to Bar Alto, winner of Queensland's 'Best Italian Restaurant' 2009 title from *Restaurant & Catering Queensland*. Sit on the deck and order their signature dish, the goat ragu, for dinner. Just leave room for the Campari poached pear, with lemon cream cannoli for dessert. Then head inside and explore the Powerhouse from the inside out.

[www.baralto.com.au](http://www.baralto.com.au)

### Day 3

8.30 am

#### **Breakfast at Gun Shop Café**

Voted 2010 Café of The Year by Delicious Magazine, the Gun Shop is the city's favourite breakfast locale in the heart of the city's artistic enclave - West End. The menu boasts everything from Canadian brioche French Toast with caramelized banana to Potato Fetta Hash Cakes with spinach, roast tomato and herb sour cream. Take a seat in the courtyard and make up your mind over a long black.

53 Mollison Street, West End [www.thegunshopcafe.com](http://www.thegunshopcafe.com)

9.30 am

Head to Brisbane Domestic Airport to catch your 11am flight home.